



**MEMBER POSITION TITLE:** Health and Nutrition Support

**APPLICATION DUE DATE:** Friday, August 2, 2019

**HOST SITE:** The Wilcox Head Start Center located at 515 E. Parkway Ave. in Oshkosh, WI will be the main office. The member would be traveling to 7 other sites in Winnebago and Outagamie Counties. Mileage will be reimbursed at the standard state rate.

**OVERVIEW:** UW-Oshkosh Head Start is looking for a full-time AmeriCorps member who would provide health and nutrition education to support our youngest learners (ages 3-5 years old) and their families. The member would be responsible for creating and delivering age appropriate lessons and Farm to Early Care activities to Head Start students. Members will also create and share activities with staff, children and families to increase their level of physical activity outside and inside the classroom, and at home using the I Am Moving, I Am Learning curriculum.

**DESCRIPTION OF DUTIES:**

- Coordinate and implement health education programming focused on healthy weight, physical activity and/or healthy eating habits (including breastfeeding, sugar-sweetened beverages, etc.) using Head Start guidelines and curriculums including “I Am Moving, I Am Learning”.
- Coordinate and implement community events and staff training promoting health education.
- Support a safe environment by promoting emergency preparedness at each site.
- Develop resource kits that include locally grown fruits and vegetables and use them to teach lessons in the classrooms.
- Create and share activities with staff, children and families to increase their level of physical activity outside, in the classroom and at home.
- Review Nutrition Assessments completed by families and provide resources to meet their needs.
- Collaborate with Family Resource Specialists to include health, nutrition and physical activity ideas and resources during Family Events.
- Outreach to families who are referred for more intense nutrition related education.
- Administer and collect data for health education programming
- Track health education recipients, volunteers, and survey results
- Maintain attendance logs for health education recipients and volunteers

**QUALIFICATIONS:**

- Knowledge of the Child and Adult Care Food Program (CACFP)
- Knowledge of the State of Wisconsin Licensing Rules for Group Child Care Centers
- Skill in preparing food that is nutritious and appealing in manner for 3-5 year old children.
- Skill in oral and written communications.
- Ability to communicate effectively with supervisor, co-workers and other staff.
- Ability to exhibit understanding and openness when dealing with various cultures.
- Ability to self-manage time.
- Ability to successfully complete Wisconsin Criminal Background Check and Fingerprinting.
- Passion for health and wellness initiatives
- Associates or Bachelor’s degree in: Community Health, Health Promotion and Wellness, Health Science or related background and experience

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- U.S Citizen, U.S National, or Lawful permanent resident alien of the U.S

**TRAINING:** Head Start provides several training opportunities throughout the year. The initial training session before beginning placement will include all required training by Head Start and Child Care Licensing. WOTFV AmeriCorps Program will offer additional opportunities for professional development including conflict resolution, citizenship, and volunteer management trainings.

#### **OTHER INFORMATION:**

- **Member Term of Service:**
  - WOTFV AmeriCorps Program year of service runs from September 3<sup>rd</sup>, 2019-August 31<sup>st</sup>, 2020.
- **Time requirements**
  - Full-time members will serve 1700 hours during the year, averaging 33 hours/week.

#### **Benefits**

- Members will receive a living allowance while serving, which is paid on the 15<sup>th</sup> and last day of each month.
- Full-time members will receive a gross living allowance of: \$583.00 per pay period.
- Segal Education Award upon successful completion of hourly requirement described in Time Requirements: \$6,095.00 for full-time.
- Forbearance on qualified student loans while serving and interest accrual payments.
- Full-Time Members are eligible for basic health insurance and childcare reimbursement (if eligible).
- Experience and resume builder- Receiving hands on experience in the field by working with children and families and focusing on improving health and nutrition outcomes in an educational setting.
- Training- receive free training throughout the year in CPR, first aid, blood borne pathogens, Shaken Baby Syndrome and other Head Start requirements.
- Networking- Opportunity to build a network of professional contacts at UW Oshkosh Head Start and in the surrounding communities.

#### **CONTACT INFORMATION AND APPLICATION DUE DATE:**

- **Applications submitted by Friday, August 2, 2019 will receive preference. Please send to:**
- Lisa Lemke, UW Oshkosh Head Start Human Resources: email: [lemkel@uwosh.edu](mailto:lemkel@uwosh.edu) OR mail or in-person delivery to UW Oshkosh Head Start, Attn: Lisa Lemke, 515 E. Parkway Ave. Oshkosh, WI 54901.
- Amanda Ross, WOTFV AmeriCorps Program Manager: email: [amanda.ross@unitedwayfoxcities.org](mailto:amanda.ross@unitedwayfoxcities.org) OR mail or in-person delivery to: United Way Fox Cities, Attn: Amanda Ross, 1455 Midway Road, Menasha, WI 54952.